



Seattle | King | Snohomish



Pathways for Women Food Donations

Non-perishable food (pop tops/pull tabs preferred)

Banquet Brand Homestyle Bakes
Hormel Complete Dinners
Macaroni & Cheese
Mashed Potatoes
Gravy
Pasta and Rice
Peanut butter
Canned Meats: tuna, chicken, salmon
Spaghetti-O's & Ravioli

Baking Supplies

12oz to 1 lb bags of Flour & Sugar
Boxes of Baked Goods:
Cake mixes, Muffins, Bread mixes, Cookies, Pancake mix Jello and Pudding mixes

Condiments

Ketchup, Mayonnaise & Mustard (12 oz or smaller)
Jam, Jelly and Honey (12 oz or smaller)
Maple Syrup
(Small Condiment packages also)

Babies

Formula

Canned Beef Stew
Hearty Soups & Chili
Canned Tomatoes
Pasta Sauce
Tomato Sauce and Paste
Hot Cocoa, Tea, Instant Coffee Cereal
and Instant Oatmeal Top Ramen
Salad Dressing

Fruit & Vegetables

Canned Fruit
Fruit roll-ups, Apple chips, Raisins
Canned Vegetables

Snacks

Popcorn
Snack Bars
Crackers
Nuts

Spices

Salt & Pepper
Italian Seasoning, Garlic & Onion Pwdr

**Bring any donations to SnoCope during our fundraiser/supply drive
October 13 - November 14, 2025 or you may
take items directly to the shelter:**

**Donation Hours: Mon, Tues, Thurs, Fri 10:00-4:30 p.m., Wed 1:00-4:30 p.m.
Closed for Lunch Daily from 12:00-12:30 p.m.**

**YWCA Pathways for Women
6027 208th St SW Lynnwood, WA 98036 425-774-9843**